

Johns

café
delicatessen
bakery
local specialities
wine

INSTOW
TEMPORARY OPENING TIMES

DELI & SHOP HOURS

Monday to Friday 8am-4.00pm

Saturday & Sunday 8.15am-4.00pm

POST OFFICE HOURS

Mon to Fri: 11am - 2pm

Sat: 11am - 12.30pm

Sun: Closed

Thanks for your support 😊

Johns

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delicatessen
bakery
local specialities
wine

APPLEDORE
TEMPORARY OPENING TIMES

SHOP HOURS

Monday to Friday 8am-5.30pm

Saturday & Sunday 8.15am-5.30pm

POST OFFICE HOURS

Mon to Fri: 10am - 4pm

Sat: 10am - 12.30pm

Sun: Closed

Thanks for your support 😊

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APPLEDORE DELI
TEMPORARY OPENING TIMES

Welcome to our deli
& we're open every day!

Our opening hours are:
Monday to Sunday 9.30am-2.30pm

Thanks for your support 😊